## **BODY**

## SPA MENU

BODI				
SIGNATURE MASSAGE	30 MINS	45 MINS	60 MINS	90 MINS
MALAY TRADITIONAL MASSAGE Deep tissue massage with choices of essential oil			RM 185	RM 225
AROMATHERAPY MASSAGE Medium pressure massage with choices of essential oil			RM 165	RM 200
BALINESE MASSAGE Light massage with choices of essential oil			RM 165	RM 200
BACK MASSAGE		RM120		
FOOT REFLEXOLOGY		RM120		
HEAD AND SHOULDER MASSAGE	RM85			
HEAD OIL MASSAGE	RM85			
LEG MASSAGE	RM85			
HAND MASSAGE	RM85			
BODY SCRUB	30 MINS	45 MINS	60 MINS	90 MINS
HIMALAYA SALT SCRUB  Deep exfoliate dead skin cell and encouraging flow of circulation.		RM150		
CANDLENUT SCRUB Moisturised and softens skin.		RM150		
FACIAL	50 MINS			
MOISTURIZING REBAK FACIAL	RM125			
FOR ALL SKIN TYPES Candlenut, honey & fresh cucumber for a more radiant skin				
HYDRATING FRUIT FACIAL	RM125			
FOR SENSITIVE OR OILY SKIN TYPES Oats, brown sugar, fresh cucumber & aloe vera to leave you feeling relaxed and refreshed				
FOR NORMAL SKIN TYPE Oats, brown sugar, orange or tomato pulp & yoghurt to leave your skin softer and healthier				
NOURISHING MALAY FACIAL	RM125			
FOR NORMAL SKIN TYPE Rice, oats, honey, yoghurt, turmeric & lemon for a thorough cleansing, exfoliation and to boost radiance				
CHOCOLATE FACIAL	RM125			
FOR ALL SKIN TYPES Oats, brown sugar, organic cocoa and milk for a supple and graceful looking skin				

## SPA

Our spa provides a perfect sanctuary for natural healing to restore your mind, body, and spirit.

Our results-driven therapies restore and maintain healthy, youthfullooking skin so you can look and feel your best. Experience the healing power of the human touch with an authentic massage on your private island.

Just relax in the expert hands of our spa associate and discover our Spa Rituals, please contact our spa associates and make booking or let one of our spa associates talk you through the various body & face treatments.

## THE JOURNEY

- · Welcome to The Spa, Rebak Island Resort & Marina, Langkawi
- Please take a seat in the lobby of the spa upon arrival
- You will be asked if you have already made a reservation. Additionally, the staff will ask you for your first name, the type of treatment, the time of booking, and the method of payment.
- Upon arrival, a cold towel and a welcome drink will be provided.
- You will be guided to the treatment room.
- In the treatment room, you will be required to change into a Sarong.
- A massage bed will be made available to you, and you will be informed of when the treatment will begin and the length of the treatment.
- Upon completion of the treatment, your therapist will take you back to the seating area of the spa.
- There will be hot tea served.
- We are delighted to have you back at The Spa at Rebak Island Resort
   & Marina, Langkawi